

97. *What are the sacraments of the church?*  
The sacraments are Baptism and the Lord's Supper.  
Matthew 28:19-20; Luke 22:19

98. *What is Baptism?*  
Baptism is the outward sign of washing with water, in the name of the Father, the Son and the Holy Spirit, which tells us about the cleansing from sin by the blood of Jesus Christ and about belonging to God.  
Acts 2:37-41

99. *What is the Lord's Supper?*  
The Lord's Supper is the outward sign of eating bread and drinking wine which tells us about the death of the Lord Jesus Christ for his people.  
1 Corinthians 11:23b-25

100.

*What do the bread and wine represent?*

The body of Christ and the blood of Christ.

1 Corinthians 10:16;

1 Corinthians 11:24-25

101.

*Why did Jesus Christ command this sacrament to be kept by those who trust in him?*

So that his suffering and death would be remembered and proclaimed till the end of the world.

1 Corinthians 11:26